



HMD LECTURE: Thursday, February 12, 2015

Addictions

Presented by Craig Kay

Intention: To provide the student with a working knowledge of how addictions manifest on the different planes of existence, the four dimensions, how to recognize them on each level, and to suggest certain ways to intercede and minimize their destructive actions. Some of the aspects of the lecture will include: General framing of addictions as part of Buddhist Wheel of Samsara • Addictions throughout the Four Dimensions • Physical addiction • Characterology and addictive expression • Subtle body addictions • Soul body addictions and the Hara • Ancestry and addiction • Addictions as an expression of Wetiko • Ambrosia—asking for help



Craig Kay is a student and teacher of metaphysics and spiritual development. His interests involve states of being and how to access, navigate, and exit them for healing, manifestation, and insight. He is a graduate, teacher, and former Class Dean at the Barbara Brennan School of Healing, and is currently a senior faculty member in the Year 3 program. He has been associated with the school for over thirty years and is a strong advocate of the foundational training that BBSH provides. Craig weaves the deep resources of artistic expression throughout his teaching. He was director of The Center for the Whole Person on Nantucket for fifteen years. He is cofounder of Radiant Oneness, a contemporary mystery school in Sedona. Craig has had a long experience with addictions, personally and professionally, and views them as an important potential tool in spiritual development.