

Roland Berard

Roland graduated from the 4 year training in 2002 and from the Advanced Teacher Training in 2005. He has been leading Hands of Light workshop regularly since 2005.

He is certified as a practitioner (2007) and trainer (2009) in the Hakomi method (Assisted Self-Discovery) and also certified as a practitioner in Core Energetics (2014).

In addition, he integrates Fasciatherapy, EFT and Theta Healing in his work with individuals.

Roland worked in the engineering field for 28 years as an engineer and project manager, and in 2001 he chose to devote all of his time to work with clients as a healing facilitator.